

A Message From The Front Desk

Quick Reminder that all shopping carts are to be brought back down and placed back where they were removed from. We have had continued issues with carts being left in front of the elevators or in hallways. This does not only cause a tripping hazard but also a shortage in carts when they are needed.



Important Dates

- 9/1 British Isles Cruise
- 9/2 Harvest Cart
- 9/4 Zoo Cart
- 9/4 Wear Your College Colors
- 9/7 Labor Day
- 9/8 Star Trek Cart
- 9/9 Mediterranean Cruise
- 9/11 Patriot Day
- 9/11 Flower Cart
- 9/11 Honey Cart
- 9/13 Grandparents Day
- 9/17 Apple Dumpling Cart
- 9/18 Bahamas Cruise
- 9/22 First Day of Autumn
- 9/22 Fall Cart
- 9/25 South American Cruise
- 9/27 Chocolate Milk Day
- 9/29 Coffee Cart
- 9/30 Submarine Cart

Audiologist

We will have the Audiologist come back to The Rivers this month. We will continue to have you as Residents call Sydney at 313-821-7099 to make your appointments. It is still required that you DO NOT arrive early for your appointment but you DO wear your mask for the entirety of your appointment.



Answer to the Funnies

I'm falling for you.

Independent Living- 900 Cook Rd- Grosse Pointe Woods



Attention

I know many of you are used to receiving most of the updates in regards to our community during our monthly member chat however with the changes that have happened due to COVID-19 we cannot have these meetings. With that being said our newsletter will currently be our main form of communication for anything and everything The Rivers.

Meet Janice



Hello, my name is Janice Butler. I was born in Detroit, MI but now live in Warren, MI. I worked in human resources for over 40 years as a human resource specialist at a healthcare facility. I have a wonderful son and a beautiful daughter-in-law as well as 2 grandkids and 2 great grandkids. My grandson is in the United States Air Force and just got back from a tour in the middle east. My granddaughter works for Wayne Community College. My great-granddaughter is 8 and my great-grandson is 5 they both are just enjoying being kids! Since I've been here I have really enjoyed it. Everyone has been so nice and welcoming. I just want to say thank you all so much for the warm welcome!

- Janice

www.theriversgrossepointe.com



September Birthdays

9/17 Lana Wines
9/24 Faith Watson
9/25 Joanne Maxon



Dining Services

- Breakfast **7:30 am – 8 am** (Delivered to your apartment)
- Café (Lunch) **11:00 am – 3:00pm** (Carryout Only)
- Dinner **4:30pm - 6:00pm** (Delivered to your apartment)
- All dinner menus must be put out by 2:30 pm every day.
- Breakfast is Monday– Saturday only.



The Funnies

What did one autumn leaf say to another?

"Life starts over again when it gets crisp in the fall" - F. Scott Fitzgerald

Catholic and Protestant readings

You can view Catholic and Protestant readings on channel 35 on Monday-Friday at 1:45 PM.

Second Floor Décor

The month of September represents for some the start of school. Andrea Mackay has decided to use this as her theme for her hallway decorations for this month. Feel free to take a walk down the hallway of 205 and see what she comes up with.

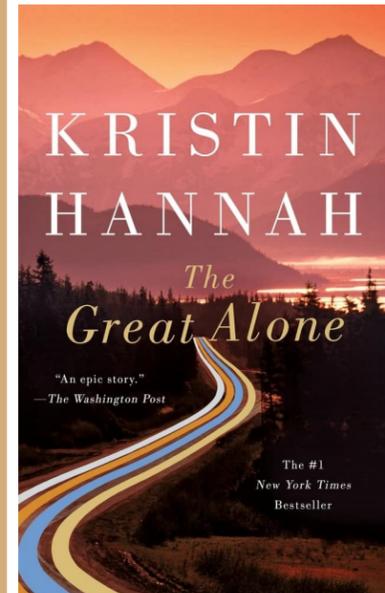


Book Club

This month's book is "The Great Alone" by Kristin Hannah. For those interested I can place a hold on this book for you through the Grosse Pointe Library. It is also available for purchase on Kindle and Audible.

Description

Ernt Allbright, a former POW, comes home from the Vietnam war a changed and volatile man. When he loses yet another job, he makes an impulsive decision: he will move his family north, to Alaska, where they will live off the grid in America's last true frontier.



Thirteen-year-old Leni, a girl coming of age in a tumultuous time, caught in the riptide of her parents' passionate, stormy relationship, dares to hope that a new land will lead to a better future for her family. She is desperate for a place to belong. Her mother, Cora, will do anything and go anywhere for the man she loves, even if means following him into the unknown.

At first, Alaska seems to be the answer to their prayers. In a wild, remote corner of the state, they find a fiercely independent community of strong men and even stronger women. The long, sunlit days and the generosity of the locals make up for the Allbrights' lack of preparation and dwindling resources.

But as winter approaches and darkness descends on Alaska, Ernt's fragile mental state deteriorates and the family begins to fracture. Soon the perils outside pale in comparison to threats from within. In their small cabin, covered in snow, blanketed in eighteen hours of night, Leni and her mother learn the terrible truth: they are on their own. In the wild, there is no one to save them but themselves.

In this unforgettable portrait of human frailty and resilience, Kristin Hannah reveals the indomitable character of the modern American pioneer and the spirit of a vanishing Alaska—a place of incomparable beauty and danger. The Great Alone is a daring, beautiful, stay-up-all-night story about love and loss, the fight for survival, and the wildness that lives in both man and nature.



Apple Dip

Ingredients

- 1 block of cream cheese at room temp
- 1tbsp of vanilla extract
- 1 cup of brown sugar
- Apple/ graham crackers/ nilla wafers

Directions

1. Begin by softening the cream cheese with a fork.
2. Add vanilla and continue to mix
3. Add brown sugar and finish mixing
4. Enjoy!

Remember to store in an airtight container in the fridge when done.



The Rivers Team

John Toupin

Executive Director—313-885-5005

Tammy Kaleta

Business Manager –313-821-7065

Front Desk

IL Reception -313-885-5005

Jarvis Hales

Food & Beverage Director –313-821-7078

Sydney Bishop

Activities Director—313-821-7099



“ Autumn carries more gold in its pocket than all the other seasons ” - Jim Bishop

Activities Updates

- As of today the craft cart is no longer available as an activity, however I will have craft kits available for pick up (List Below). These kits will include an example of the finished product, instructions as well as necessary supplies to complete your project. If you would like any of these kits or more information please contact Sydney at 313-821-7099.

List of Crafts Available

- Scarecrow door hanging
 - Fall potpourri
 - Fall wreath
- Fall pumpkin decorating
 - Leaf votive
- Most of the Activities **DO NOT** require you to sign up however you must have your door open or slightly open (for those with pets) by the start time of the activity in order to participate.

Fall Trivia

- 1.) What is the first day of fall called? _____
- 2.) How long does autumn last in the northern hemisphere?

- 3.) What is a harvest moon? _____
- 4.) What are the 3 zodiac signs of fall? _____
- 5.) What weed pollen causes the most common fall allergies?

- 6.) T/F: On autumnal equinox the number of hours of daylight and darkness equal. _____
- 7.) In autumn do you turn your clocks ahead or back?

- 8.) During which month does summer end and autumn begin?

- 9.) Why do the leaves change color in autumn?

- 10.) Although some varieties are available year round, what fruit is freshest in the fall? _____



Fun From Last Month

