

The Rivers Team

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Front Desk

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Sydney Bishop

Activities Director—313-821-7099



“Good tidings to you and happy Christmas for today and all the Christmases to come.”

Activities Updates

- Craft kits are available for pick up or drop off every Wednesday. If you would like one please contact Sydney at 313-821-7099. All the craft kits come with instructions, a picture of the completed project and all the supplies necessary to complete your project.

List of Crafts Available

- Christmas wreath flocked and plain wreaths available
 - Potpourri
 - Snow man door hanger
 - Floral arranging
 - Snowflake door hanger
 - Christmas Cards

Dr. Black the Podiatrist

Dr. Black will be at The Rivers December 23rd starting at 9 am. To make an appointment please contact his office directly at (313) 882-7480. We will still be practicing proper social distancing so please Do Not show up till your scheduled appointment time and you MUST wear your mask properly (covering mouth and nose) for your visit. Appointments will take place in the Massage Room across from the Salon.



December 2020

Grosse Pointe

The RIVERS

Independent Living– 900 Cook Rd– Grosse Pointe Woods

Welcome To The Neighborhood

We would like to welcome a new resident to The Rivers Family. Please welcome Oda Pendergast of room 210. Feel free to write a card or letter introducing yourself to our new resident. You can either tape it on her door or give it to Sydney in activities to pass it on.



Holiday Front Desk Hours

- Christmas Eve – Thursday, December 24th – 8am-4pm
- Christmas Day – Friday, December 25th – 8am-4pm
- New Year’s Eve – Thursday, December 31st – 8am-4pm
- New Year’s Day – Friday, January 1st – 8am-4pm

Christmas Cards

Starting December 1st we will have a variety of Christmas cards available outside of the cafe. If you would like to make cards from scratch please see Sydney for the supplies.



Package Pick Up

Effective immediately all packages will be placed in the first floor library located down the hall from the front desk for the remainder of the holiday season.

The Funnies

What is the first thing an elf learns in school?

Follow us on Facebook!

You can find our newsletter and monthly calendar online at www.theriversgrossepointe.com



Strange Christmas Traditions

Christmas brings with it many beloved traditions: trimming the tree, hanging stockings, and singing carols. Many countries around the world enjoy traditions you may be less familiar with.

In Japan, an estimated 3.6 million families eat Kentucky Fried Chicken during the Christmas season. This is largely thanks to Takeshi Okawara, who managed the first KFC franchises in Japan. In 1970, Okawara marketed the Christmas “party barrel,” a complete fried chicken dinner replicating American turkey dinners. These days, if you do not pre-order your KFC dinner weeks in advance, you will have to stand in line for hours to get your “Kentucky Christmas.”



If you happen to be in Norway for Christmas, you’ll be hard-pressed to find a broom, for they are all hidden away. Norwegian folklore tells of how evil spirits and witches emerge on Christmas Eve. Norwegians hide their brooms so that witches cannot steal them for riding through the night.

In Caracas, Venezuela, Christmas morning brings presents and roller skates. Authorities close down the city streets on Christmas morning so that thousands of residents can roller-skate to church in safety. One tradition tells of how children go to sleep with one end of a skate lace tied around their toe and the other end dangling out the window. In the morning they are awakened by skaters tugging at the lace to alert them that it is time to attend mass.

These traditions may seem strange to you, but does your family have any Christmas traditions that others may find nontraditional?

No Bake Christmas Cookies

Ingredients

- Peanut butter
- Round butter cracker (we used Ritz)
- Almond bark (chocolate flavored)
- Christmas sprinkles

Directions

1. Spread peanut butter on crackers.
2. Place another cracker on top of the crackers with peanut butter to form a sandwich.
3. Melt your chocolate according to package directions.
4. Dip peanut butter cracker sandwiches in the melted chocolate making sure to completely coat them.
5. Using a slotted spoon or spatula remove the chocolate covered peanut butter patties from the bowl allowing excess chocolate to drain off.
6. Place the patties on a piece of wax paper and immediately sprinkle with sprinkles.
7. Allow to dry before storing in an air tight container. Store at room temperature or in the refrigerator.



Mixed-Up Christmas

Unscramble the letters to reveal words associated with Christmas.

1. DNESACL _____
2. KTIOGSNC _____
3. ROYFTS _____
4. ELETSMITO _____
5. RTHNO EOLP _____
6. EIREERND _____
7. NECMYIH _____
8. SRPTNSEE _____
9. AOBECNTRIE _____
10. NNMASWO _____
11. NTTHUCESS _____
12. TDAEEOCR _____
13. MASHTSICR _____
14. EEBRMCED _____
15. GGNGEO _____
16. RHKOOSPW _____
17. HSPOINPG _____
18. YAHIDOL _____



Cookie Delivery



Every Friday in December we will be delivering cookies and cocoa. Every delivery will have a different classic Christmas cookie with the attached recipe so you can enjoy them whenever you want.



O Christmas Tree

This year we decided to add a very personal touch to our library Christmas tree. We have added ornaments with each of our residents names on them. Feel free to stop by and see yours.



Spirit Days

- 12/1 PJ Day
- 12/4 Christmas Socks
- 12/7 Disney themed apparel
- 12/11 Wear your favorite Christmas accessory
- 12/15 Dress like a Who from Whoville
- 12/17 Wear your favorite cozy Flannel
 - 12/21 Wear all white for winter
- 12/22 festive Christmas sweater day
 - 12/23 Santa hat day
 - 12/24 Red & Green Day



Make sure you read your calendar and newsletter often to stay up to date on what is going on at The Rivers !

GP Library Books

We will have two library runs this month, December 4th and December 18th. If you have books that need to be returned please drop them off to Sydney prior to these dates. If you have placed a library order, and the books are available, they will also be picked up and delivered on these dates.

Spreading Christmas Cheer

You can spread Christmas cheer in so many ways, one being decorations. This year we are strongly encouraging those able to decorate their doors for their favorite winter holiday. If anyone is in need of decorations or help getting decorations out please let Sydney know.

Important Dates

- 12/6 St. Nicholas Day
- 12/10 Hanukkah begins
- 12/11 Audiologist
- 12/21 First day of winter
- 12/23 Dr. Black
- 12/24 Christmas Eve
- 12/25 Christmas
- 12/26 Kwanzaa
- 12/31 New Year's Eve

Activities

Please remember that activities can be cancelled at any time. Please make sure to check the front desk and elevators for flyers.



Flower Deliveries

On 12/4, 12/18 and 12/23 we will have flower deliveries to your doors. You must sign up for these deliveries at least 24 hours prior to the delivery dates. You can sign up by calling Sydney at 313-821-7099. You will have a small bouquet of flowers hung on your door ready for you to arrange. Floral foam and vases are available if needed, please let me know when signing up if this is something you would need.



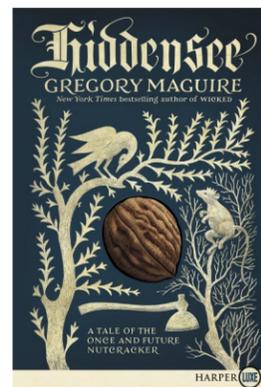
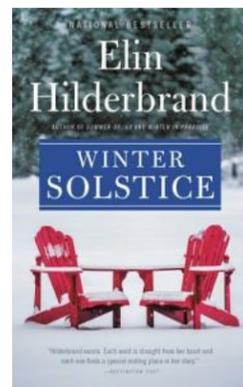
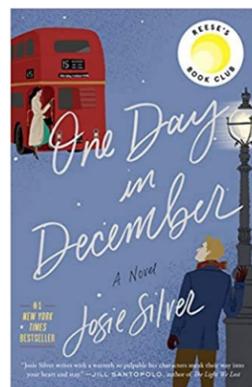
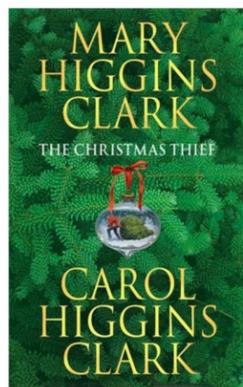
Catholic and Protestant readings

You can view Catholic and Protestant readings on channel 35 on Monday-Friday at 1:45 PM.

Book Club

Last month many of you mentioned how much you loved having multiple recommendations for our book club books. So this month I have decided to do the same but with a theme. All of the books listed below are set during the Christmas season. I really hope everyone enjoys whichever book they choose. If anyone may have recommendations for January's book club book please let me know.

- Winter Solstice by Elin Hilderbrand
- Mr. Dickens and His Carol by Samantha Silva
 - Hiddensee by Gregory Maguire
 - Seven Days of Us by Francesca Hornak
 - Christmas Bells by Jennifer Chiaverini
 - Winter's Tale by Mark Helprin
 - One Day in December: A Novel by Josie Silver
- Last Christmas in Paris by Hazel Gaynor and Heather Webb
- The Adventure of the Christmas Pudding: A Hercule Poirot Short Story by Agatha Christie
 - The Christmas thief by The Christmas thief



December Birthdays

Julia Sears 12/7

Eleanor Miller 12/22

Robert Wayland 12/23



Dining Services

-Breakfast **7:30 am – 8 am** (Delivered to your apartment)

-Café (Lunch) **11:00 am – 3:00pm** (Carryout Only)

-Dinner **4:30pm - 6:00pm** (Delivered to your apartment)

- All dinner menus must be put out by 2:30 pm every day.
- Breakfast is Monday– Saturday only.

“It's the most wonderful time of the year”

Answer to the Funnies

The “elf”-abet

Daily Chronicles

Daily chronicles are available for pick up at the table located across from the desk. You will also find a small selection of puzzles attached to your daily chronical.

Audiologist

The Audiologist will be here December 11th at 1pm. We will continue to have you as Residents call Sydney at 313-821-7099 to make your appointments. It is still required that you DO NOT arrive early for your appointment but you DO wear your mask for the entirety of your appointment. Appointments take place in the massage room across from the salon.



Activities To Your Door

Starting on December 1st we will be offering “Activities Room Service”. You will be given a blank activities door hanger every Monday. This hanger should be filled out and placed on your door knob by 3pm Tuesday. On Wednesday any activities requested will be delivered. I ask that if you request a phone call that you write a time and date that best works for you. For movies please write down which one you would like, the list is attached to the door hanger & instructions. Please fill out your activities door hanger completely this includes your name and the time you want the delivery.