

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2019

The Rivers Assisted Living

				10:00 Tea Time 11:15 Exercise 12:00 Trivia 1:15 Crossword Puzzles 1:45 Mass 2:15 Who am I? 3:15 patio 4:00 Room Visits	1	10:00 Current Events 10:45 Mass 11:15 What am I? 1:00 Chair Dance 2:00 Games 3:30 Food Demo	2	10:00 Current Events 11:15 Exercise 1:15 Reminiscing 2:15 Walking Outdoors 3:15 Movie 4:00 Mass	3				
10:00 Activities of the Soul 11:15 Chair Yoga 1:15 Reminiscing 2:15 Current Events 3:15 Movies & Popcorn	4	10:00 Current Events 11:15 Exercise 12:00 Trivia 1:15 Bingo 3:00 Cards 4:15 Animal Facts	5	10:30 Communion 11:15 Exercise 12:00 Trivia 1:15 Cards 3:00 Ice Cream Social 4:00 Episcopal Service	6	10:00 Bananagram 11:00 Fitness Beats 1:15 Walking Outdoors 2:15 Trivia 3:30 Sing a Long 4:30 Resident Choice	7	10:00 Flower Arranging 11:15 Exercise 12:00 Trivia 1:15 Crossword Puzzles 2:15 Bowling 3:15 Patio 4:00 Room Visits	8	10:00 Current Events 11:15 What am I? 1:00 Chair Dance 2:00 Games 3:30 August Birthday Party	9	10:00 Current Events 11:15 Exercise 1:15 Reminiscing 2:15 Walking Outdoors 3:15 Movie 4:00 Mass	10
10:00 Activities of the Soul 11:15 Chair Yoga 1:15 Reminiscing 2:15 Current Events 3:15 Movies & Popcorn	11	10:00 Current Events 11:15 Exercise 12:00 Trivia 1:15 Bingo 3:00 Cards 4:15 Animal Facts	12	10:30 Communion 11:15 Exercise 12:00 Trivia 1:15 Cards 3:00 Ice Cream Social 4:00 Episcopal Service	13	10:00 Bananagram 11:00 Fitness Beats 1:15 Walking Outdoors 2:15 Trivia 3:00 Music with Christine 4:00 Sing a Long	14	10:00 Tea Time 10:45 Exercise 11:30 Leave for Henry Ford Museum 12:00 Trivia 1:15 Crossword Puzzles 2:15 Who am I? 3:15 Patio 4:00 Room Visits	15	10:00 Current Events 10:45 Mass 11:15 Resident Council 1:00 Chair Dance 2:00 Games 3:30 Food Demo	16	10:00 Current Events 11:15 Exercise 1:15 Reminiscing 2:15 Walking Outdoors 3:15 Movie 4:00 Mass	17
10:00 Activities of the Soul 11:15 Chair Yoga 1:15 Reminiscing 2:15 Current Events 3:15 Movies & Popcorn	18	10:00 Current Events 11:15 Exercise 12:00 Trivia 1:15 Bingo 3:00 Cards 4:15 Animal Facts	19	10:30 Communion 11:15 Exercise 12:00 Trivia 1:15 Cards 3:00 Ice Cream Social 4:00 Episcopal Service	20	10:00 Bananagram 11:00 Fitness Beats 1:15 Walking Outdoors 2:15 Trivia 3:30 Sing a Long 4:30 Music with Little Big Band	21	10:00 Flower Arranging 11:15 Exercise 12:00 Trivia 1:15 Crossword Puzzles 2:15 Who am I? 3:15 Patio 4:00 Room Visits	22	10:00 Current Events 11:15 Bowling 1:00 Chair Dance 2:00 Games 3:30 Food Demo	23	10:00 Current Events 11:15 Exercise 1:15 Reminiscing 2:15 Walking Outdoors 3:15 Movie 4:00 Mass	24
10:00 Activities of the Soul 11:15 Chair Yoga 1:15 Reminiscing 2:15 Current Events 3:15 Movies & Popcorn	25	10:00 Current Events 11:15 Exercise 12:00 Trivia 1:15 Bingo 3:00 Cards 4:15 Animal Facts	26	10:30 Communion 11:15 Exercise 12:00 Trivia 1:15 Cards 3:00 Ice Cream Social 4:00 Episcopal Service	27	10:00 Bananagram 11:00 Fitness Beats 1:15 Walking Outdoors 2:15 Trivia 3:30 Sing a Long 4:30 Music Appreciation	28	10:00 Tea Time 11:15 Exercise 12:30 Picnic on Patio 1:15 Crossword Puzzles 2:15 Who am I? 3:00 Bible Study 4:00 Room Visits	29	10:00 Current Events 11:15 What am I? 1:00 Chair Dance 2:00 Games 3:30 Food Demo	30	10:00 Current Events 11:15 Exercise 1:15 Reminiscing 2:15 Walking Outdoors 3:15 Movie 4:00 Mass	31