

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2021

Independent Living



9:00 Dr. Black
10:30 Aqua Zumba- **Pool**
1:30 Trivia- **Pub**
3:30 Card Bingo-**Multi**

Anita Leisen

9:00 Target Shopping **2**
Trip- **Sign up**
12:00 Lunch @ IMA
Midtwon - Sign Up
12:30 Strength & Balance-
Park
1:30 Book Club- **Multi**
2:00 Cardio Drumming-
Park

10:00 Blood Pressure- **3**
Chapel
10:30 Aqua Zumba- **Pool**
1:00 Labor Day Lunch-
Dining Room/Sign Up

10:00 Walking Club- **4**
Lobby
3:00 Series Saturday- **TV**
Room

9:00 Coffee & Muffins- **5**
Pub
3:00 Movie-**TV Room**

Front Desk Closed
Café Closed

HAPPY
Labor Day

Labor Day
Rosh Hashanah Begins

10:30 Strength & Balance-**7**
Park
11:30 Everybody Loves
Flowers- **Multi**
2:30 Craft Hour-**Multi /Sign**
Up
6:30 Left/Right/Center-**Pub**

10:30 Aqua Zumba-**Pool 8**
11:30 Senior Pictures-**Tv**
Room/Sign Up
1:30 Trivia- **Pub**
3:30 Card Bingo-**Multi**

9:00 Trader Joes **9**
Shopping Trip- **Sign up**
12:30 Strength & Balance-
Park
2:00 Cardio Drumming-
Park

10:00 Blood Pressure- **10**
Chapel
10:30 Aqua Zumba- **Pool**
3:00 Ice Cream Social-
Café Patio
5:30 David Berriman- **Park**

10:00 Walking Club- **11**
Lobby
3:00 Series Saturday- **TV**
Room

9:00 Coffee & Muffins- **12**
Pub
3:00 Movie-**TV Room**

Grandparents Day

9:00 Day in the Life- **13**
Delivery/Sign Up
11:45 Chair Fitness-
Park
1:30 Teatime -**Pub**
3:30 Beer & Bingo-**Multi**

10:30 Strength & Balance-**14**
Park
11:30 Everybody Loves
Flowers- **Multi**
2:30 Craft Hour-**Multi /Sign**
Up
6:30 Left/Right/Center-**Pub**

10:30 Aqua Zumba-**Pool 15**
1:30 Memoir Class-
Multi/\$10
1:30 Trivia- **Pub**
3:30 Card Bingo-**Multi**
5:00 Thriftshop Cowboys-
Patio

Yom Kippur Begins

9:00 Kroger Shopping **16**
Trip- **Sign up**
12:30 Strength & Balance-
Park
2:00 Cardio Drumming-
Park

10:00 Blood Pressure- **17**
Chapel
10:30 Aqua Zumba- **Pool**
3:00 Around the World
Club- **Multi/Sign Up**

Lana Wines

10:00 Walking Club- **18**
Lobby
3:00 Series Saturday- **TV**
Room
5:30 Thelma Dinwiddie-
Park

9:00 Coffee & Muffins- **19**
Pub
3:00 Movie-**TV Room**

11:45 Chair Fitness- **20**
Park
1:30 Teatime -**Pub**
3:30 Beer & Bingo-**Multi**

Sukkot Begins

10:30 Strength & Balance-**21**
Park
11:30 Everybody Loves
Flowers- **Multi**
2:30 Craft Hour-**Multi /Sign**
Up
6:30 Left/Right/Center-**Pub**

10:30 Aqua Zumba-**Pool 22**
1:30 Memoir Class-**Multi/\$10**
1:30 Trivia- **Pub**
3:30 Card Bingo-**Multi**

Autumn Begins

9:00 Nino Salvaggio **23**
Shopping Trip- **Sign up**
12:00 Pink Tea Room Outing
& Shopping-**Sign Up**
12:30 Strength & Balance-
Park
1:30 Book Club- **Multi**
2:00 Cardio Drumming-**Park**

10:00 Blood Pressure- **24**
Chapel
10:30 Aqua Zumba- **Pool**
3:00 Hello Fall Members
Mingle - **Multipurpose Room**
5:30 Christine Schinker-**Park**

Faith Watson
Sue Askew

10:00 Walking Club- **25**
Lobby
3:00 Series Saturday- **TV**
Room

Joanne Maxon

9:00 Coffee & Muffins- **26**
Pub
3:00 Movie-**TV Room**

Patricia Dinka

11:45 Chair Fitness- **27**
Park
1:30 Teatime -**Pub**
3:30 Beer & Bingo-**Multi**

10:30 Strength & Balance-**28**
Park
11:30 Everybody Loves
Flowers- **Multi**
2:30 Craft Hour-**Multi /Sign**
Up
6:30 Left/Right/Center-**Pub**

Simchat Torah Begins

10:30 Aqua Zumba-**Pool 29**
1:30 Memoir Class-
Multi/\$10
1:30 Trivia- **Pub**
3:30 Card Bingo-**Multi**

9:00 Kroger Shopping **30**
Trip- **Sign up**
12:30 Strength & Balance-
Park
2:00 Cardio Drumming-
Park

