

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday



11:45 Chair Fitness-**Park** **1**
1:30 Teatime -**Pub**
3:30 Beer & Bingo-**Multi**



10:30 Strength&Balance-**Park** **2**
11:30 Everybody ♥ Flowers-**Multi**
2:30 Craft Hour-**Multi/Sign Up**
6:30 Left/Right/Center-**Pub**

3:30 Card Bingo-**Multi** **3**
4:30 Cocktail Hour with Jerry Poirier - **Pub**



9:00 Target Shopping Trip- **4**
Sign Up
12:00 Lunch&shopping on Kercheval in thePark-**Sign Up**
12:30 Strength & Balance-**Park**
2:00 Cardio Drumming- **Park**
4:00 Glee Club- **Pub**
6:30 Pokeno- **Pub**

10:00 Blood Pressure- **5**
Chapel
1:30 Book Club- **Tv Room**
3:00 Glee Club Performance - **Park**
5:00 Christine Schinker- **Park**



10:00 Walking Club- **6**
Lobby
3:00 Series Saturday- **TV Room**

9:00 Coffee & Muffins-**Pub** **7**
3:00 Movie-**TV Room**



Daylight Saving Time Ends

11:45 Chair Fitness-**Park** **8**
1:30 Teatime -**Pub**
3:30 Beer & Bingo-**Multi**

10:30 Strength&Balance-**Park** **9**
11:30 Everybody ♥ Flowers-**Multi**
2:30 Craft Hour-**Multi/Sign Up**
6:30 Left/Right/Center-**Pub**

3:30 Card Bingo-**Multi** **10**
4:30 Cocktail Hour- **Pub**



9:00 Kroger Shopping Trip-**11**
Sign Up
11:00 Movie- **TV Room**
12:30 Strength & Balance-**Park**
4:00 Glee Club- **Pub**
6:30 Pokeno- **Pub**

Veterans Day
Remembrance Day (Canada)

11:00 Fall Bingo with Diamond Health- **12**
Multipurpose Room
1:00 Cardio Drumming- **Park**
3:00 Turkey Trot .5k- **Lobby**

Dolores Javid 

10:00 Walking Club- **13**
Lobby
3:00 Series Saturday- **TV Room**



9:00 Coffee & Muffins-**Pub** **14**
3:00 Movie-**TV Room**

11:45 Chair Fitness-**Park** **15**
1:30 Teatime -**Pub**
3:30 Beer & Bingo-**Multi**



10:30 Strength&Balance-**Park** **16**
11:30 Everybody ♥ Flowers-**Multi**
2:30 Craft Hour-**Multi/Sign Up**
6:30 Left/Right/Center-**Pub**

3:30 Card Bingo-**Multi** **17**
4:30 Cocktail Hour with Thriftshop Cowboys- **Pub**



9:00 Trader Joes- **Sign Up** **18**
12:00 Lunch & Movie Outing- **Sign Up**
12:30 Strength & Balance-**Park**
4:00 Glee Club- **Pub**
6:30 Pokeno- **Pub**

10:00 Blood Pressure- **19**
Chapel
1:00 Cardio Drumming- **Park**
3:00 Harvest Members Mingle- **Multipurpose Room**
5:00 Christine Schinker-**Park**




10:00 Walking Club- **20**
Lobby
3:00 Series Saturday- **TV Room**

9:00 Coffee & Muffins-**Pub** **21**
3:00 Movie-**TV Room**



11:45 Chair Fitness-**Park** **22**
1:30 Teatime -**Pub**
3:30 Beer & Bingo-**Multi**

9:00 Nino Salvaggio-**Sign Up** **23**
10:30 Strength&Balance-**Park**
11:30 Everybody ♥ Flowers-**Multi**
2:30 Craft Hour-**Multi/Sign Up**
6:30 Left/Right/Center-**Pub**



12:00 Thanksgiving Lunch- **Dining Room/Sign Up** **24**
3:30 Card Bingo-**Multi**
4:30 Cocktail Hour- **Pub**


Café Closed

Front Desk Closed **25**
Café Closed




Thanksgiving Day

1:00 Cardio Drumming- **26**
Park
3:00 Cider & Donuts- **Pub**
5:00 David Berriman-**Park**




10:00 Walking Club- **27**
Lobby
3:00 Series Saturday- **TV Room**



9:00 Coffee & Muffins-**Pub** **28**
3:00 Movie-**TV Room**

Hanukkah Begins

11:45 Chair Fitness-**Park** **29**
1:30 Teatime -**Pub**
3:30 Beer & Bingo-**Multi**

Mary Lafata 

10:30 Strength&Balance-**Park** **30**
11:30 Everybody ♥ Flowers-**Multi**
2:30 Craft Hour-**Multi/Sign Up**
6:30 Left/Right/Center-**Pub**

November 2021
Independent Living