

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

November 2023

Assisted Living

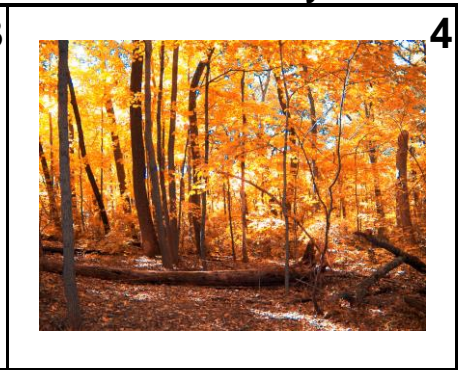
11:05 Chair Yoga
11:45 Communion
1:30 Mass



10:30 Coffee & Cookies Social
11:15 Chair Exercise



11:00 Bingo with Linda from 3 Diamond
2:00 Resident Council
4:00 Evening Movie & Popcorn

5 10:00 Cardio Drumming
10:30 Recovery & Refresh
11:30 Flower Arranging
4:00 Evening Movie & Popcorn

6 10:00 Cards
2:00 Bingo
2:30 Daily Chronicles

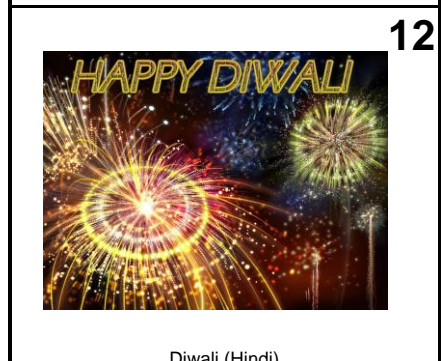


7 11:05 Chair Yoga
11:45 Communion
1:30 Mass
2:30 Frank Taubitz
4:00 Evening Movie & Popcorn

8 10:30 Coffee & Cookies Social
11:15 Chair Exercise
2:00 Fall Craft



9 11:00 Nail Salon
2:00 Men's Group (Comedy & Mocktails)
4:00 Evening Movie & Popcorn


12 10:00 Cardio Drumming
10:30 Recovery & Refresh
11:30 Flower Arranging
4:00 Evening Movie & Popcorn

13 10:00 Cards
2:00 Bingo
2:30 Daily Chronicles



14 11:05 Chair Yoga
11:45 Communion
1:30 Mass
2:30 Bingo
4:00 Evening Movie & Popcorn

15 10:00 Coffee & Cookies Social
11:15 Chair Exercise




16 11:00 Nail Salon
2:00 Resident Council
4:00 Evening Movie & Popcorn

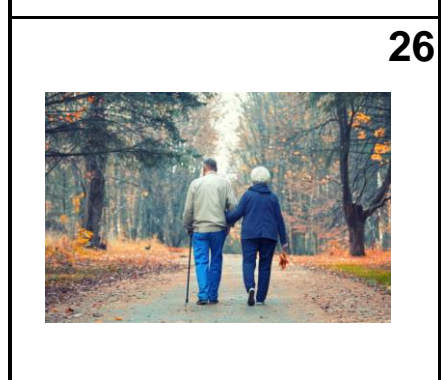
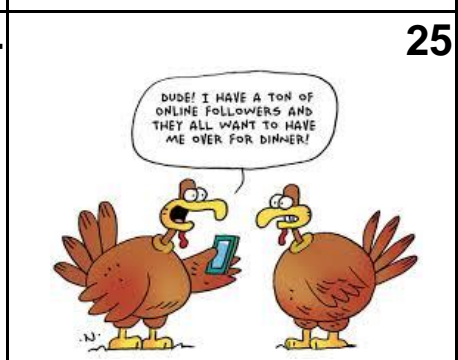
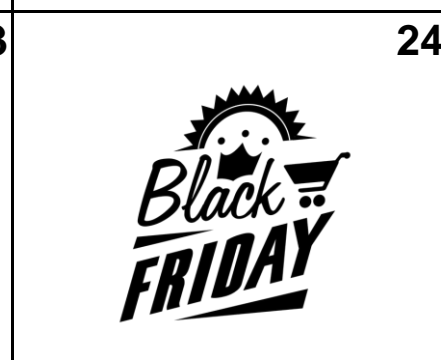
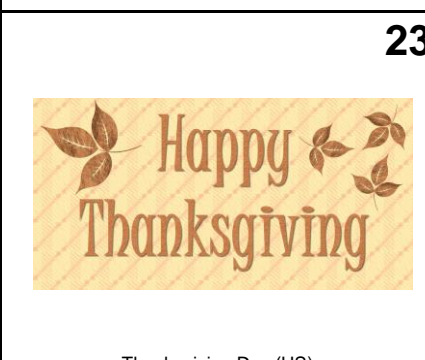



19 10:00 Cardio Drumming
10:30 Recovery & Refresh
11:30 Flower Arranging
4:00 Evening Movie & Popcorn

20 10:00 Cornucopia Make & Take
2:00 Bingo
2:30 Daily Chronicles



21 11:05 Chair Yoga
11:45 Communion
1:30 Mass
2:30 Thanksgiving Bingo

26 10:00 Cardio Drumming
10:30 Recovery & Refresh
11:30 Flower Arranging
4:00 Evening Movie & Popcorn

27 10:00 Christmas Ornament Craft
2:00 Bingo
2:30 Daily Chronicles



28 11:05 Chair Yoga
11:45 Communion
1:30 Mass
2:30 Bingo
4:00 Evening Movie & Popcorn

29 10:00 Coffee & Cookies Social
11:15 Chair Exercise

