

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

## Independent Living

9:00 Coffee & Muffins-**Pub** 5  
2:00 Movie- **Tv Room**  
5:00 Affinity 4 Music- **Park**



9:30 Aqua Zumba- **Pool** 6  
11:45 Chair Fitness- **Park**  
1:30 Teatime- **Pub**  
3:00 Beer & Bingo \$10 - **Pub**



10:30 Strength & Balance- **Park** 7  
11:45 Everybody ♥Flowers- **Multi**  
3:30 Pie & Puzzles- **Pub**  
5:00 David Berriman- **Park**  
6:30 Pokeno- **Pub**

9:00 Aqua Zumba- **Pool** 8  
10:00 Chair Yoga- **Chapel**  
11:00 Grazing Group- **Pub**  
12:00 Communion- **Chapel**  
3:00 Card Bingo- **Pub**  
4:30 Frank Taubitz- **Pub**



9:00 Target-**Sign Up** 9  
12:30 Strength & Balance- **Park**  
3:30 Decoupage Pumpkin- **Sign Up/ Multi**  
4:00 Glee Club- **Pub**  
6:30 Pokeno- **Pub**

10:00 Blood Pressure- **Chapel** 3  
10:30 Aqua Zumba- **Pool** 10  
11:15 Chair Fitness- **Park**  
1:00 Cardio Drumming- **Park**  
5:00 Christine Schinker- **Park**



10:00 Walking Club- **Lobby** 4  
1:00 Resident Trivia- **Pub**  
2:00 Series Saturday- **Tv Room**



9:00 Coffee & Muffins-**Pub** 12  
2:00 Movie- **Tv Room**  
4:30 Sarah Boyd's Piano Students- **Park**



Diwali (Hindi)

9:30 Aqua Zumba- **Pool** 13  
11:45 Chair Fitness- **Park**  
1:30 Teatime- **Pub**  
3:00 Beer & Bingo - **Pub**  
5:00 Nolan Eszes- **Park**



10:30 Strength & Balance- **Park** 14  
11:45 Everybody ♥Flowers- **Multi**  
3:30 Seasonal Flower Arranging- **Multi/ Sign Up**  
5:00 Frank Taubitz- **Park**  
6:30 Pokeno- **Pub**

10:00 Chair Yoga- **Chapel** 15  
11:00 Grazing Group- **Pub**  
12:00 Communion- **Chapel**  
3:00 Card Bingo \$10- **Pub**



9:00 Aldi/Dollar Tree- **Sign Up** 16  
12:00 Golden Fleece & Astoria - **Outing/Sign Up**  
4:00 Glee Club- **Pub**  
6:30 Pokeno- **Pub**

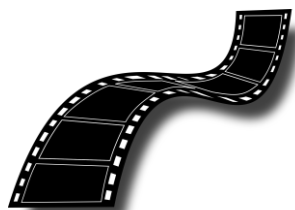
10:00 Blood Pressure- **Chapel** 17  
11:15 Chair Fitness- **Park**  
1:00 Cardio Drumming- **Park**  
3:00 Around the World Club- **Pub/Sign Up**



10:00 Walking Club- **Lobby** 18  
1:00 Resident Trivia- **Pub**  
2:00 Series Saturday- **Tv Room**  
5:00 Affinity 4 Music- **Park**



9:00 Coffee & Muffins-**Pub** 19  
2:00 Movie- **Tv Room**



11:45 Chair Fitness- **Park** 20  
1:30 Harvest Teatime- **Pub**  
3:00 Beer & Bingo - **Pub**



11:45 Everybody ♥Flowers **Multi** 21  
3:30 Pie & Puzzles- **Pub**  
5:00 David Berriman- **Park**  
6:30 Pokeno- **Pub**

10:00 Chair Yoga- **Chapel** 22  
12:00 Communion- **Chapel**  
12:30 Thanksgiving Lunch- **Dining Roo/ Sign Up**  
4:30 Pat Brown- **Pub**

Café Closed

23

Café Closed  
Front Desk Closed

Thanksgiving Day (US)

11:15 Chair Fitness- **Park** 24



10:00 Walking Club- **Lobby** 25  
1:00 Resident Trivia- **Pub**  
2:00 Series Saturday- **Tv Room**



9:00 Coffee & Muffins-**Pub** 26  
2:00 Movie- **Tv Room**



9:30 Aqua Zumba- **Pool** 27  
11:45 Chair Fitness- **Park**  
1:30 Teatime- **Pub**  
3:00 Beer & Bingo - **Pub**  
5:00 Nolan Eszes- **Park**

10:30 Strength & Balance- **Park** 28  
11:45 Everybody ♥Flowers- **Multi**  
4:00 Activity Chat- **Pub**  
5:00 Frank Taubitz- **Park**  
6:30 Pokeno- **Pub**

9:00 Aqua Zumba- **Pool** 29  
10:00 Chair Yoga- **Chapel**  
11:00 Grazing Group- **Pub**  
12:00 Communion- **Chapel**  
4:00 Book Club Meeting- **TV RM**  
3:00 Card Bingo- **Pub**  
5:00 International Dinner \$20- **Dining Room/ Sign Up**

9:00 Kroger-**Sign Up** 30  
12:00 Hudson Cafe -**Outing/ Sign Up**  
12:30 Strength & Balance- **Park**  
4:00 Glee Club- **Pub**  
5:00 David Berriman- **Park**  
6:30 Pokeno- **Pub**



Mary Lafata 11/29

Veterans Day  
Remembrance Day (Canada)